

## Anchor Verses for Sanity in Motherhood

This Article was compiled by the generous Kelly R Baker. You can read more about her and follow her Godly wisdom at [www.kellyrbaker.com](http://www.kellyrbaker.com). If you have any Inspiring Mommy Verses to add to this, please mail them through to [info@jugglingthejs.com](mailto:info@jugglingthejs.com)

I asked the question, “What is one verse that helps you in motherhood and why?” to some other Christian bloggers and this is how they responded:

### Isaiah 54:10

No matter how easy or hard the day is, no matter whether I rock it or utterly fail that day, God’s love is unshakeable. That gives me such peace. —Lisa Yvonne, [Graceful Abandon](#)

### Genesis 1:27

This keeps me anchored because it reminds me God created us. He created my boys and girls. He created this different for a reason. He molded each of them His way – they are a gift from Him... even when I want to scream about how different they are —Tiffany Montgomery, [Hope Joy in Christ](#)

### Hebrews 12:1-2

Being a mom isn’t easy, yet I can respond to my son in love, mercy, and patience by following the examples of Christ. These verses encourage me to lay aside anything that takes my eyes off of Christ and [look to Him](#) for the strength to persevere during the hard times. I find myself filled with joy and purpose when I keep my rapt attention on my beautiful Savior. —Allyson Reid, [Rapt Motherhood](#)

## 1 Peter 4:8

This keeps me anchored because it reminds me that:

-my love covers over my kids' sins

-their love covers my sins

We have a lot of love for each other and that's so much more important than my perceived fails or the way we sometimes hurt each other. Thank God for love and grace! —Laura Emerson, [Fantastically Four](#)

## Philippians 4:13

I need strength everyday... my kids eat me alive. I could not do any of this without God's help and His strength! —Julie Loos, [Unmasking the Mess](#)

## Galatians 6:9

Motherhood is difficult, tiring work. This verse reminds me to not give up, to keep training, keep planting seeds. One day we will reap our reward. —Sarah Gates, [Servant Mama](#)

## 2 Corinthians 12:9-10

Because motherhood often makes my weakness ever more clear but His grace is sufficient. —Sarah Lango, [Grace Filled Growth](#)

## 2 Peter 1:3

God has given me everything I need for a life of godliness. I have everything I need to have to raise my children through the power of the Cross. —Sarah Liberty Hardee, [Christ Centered Mama](#)

## Romans 2:4

[This] is one I try to focus on when disciplining and training my kiddos. God's \*kindness\* leads to our repentance. The same principle is a good reminder that can be applied to our parenting and the correction of our kids. —Rebekah Hargraves, [Hargraves Home and Health](#)

## Proverbs 4:23

God desires my parenting to operate out of His overflow in my life. If I am going to be the Mom He wants me to be I must keep my heart focused on Him and connected to Him. He will then guide me and give me wisdom. This will also give me the strength I need for the days when “Mom can’t go on another minute like this!” I also love this reminder in relation to my children. I am not just correcting them and disciplining them I am parenting their hearts. The whole child, the why behind the behavior and always, always pointing their hearts to Jesus. God desires and cares for our hearts and the hearts of our children. —Lee Felix, [Like Minded Musings](#)

## Colossians 3:23-24

In serving my family I am worshipping the Lord, serving Him. Remembering the why is important... —Robbi Bittle, [Timeless Mama](#)

## Romans 12:12

I call it my “mommy motto.” —Kishona Lape, [Life in Lape Heaven](#)

## Philippians 4:12-13

Whether you're talking sleep, introvert alone time, etc, God gives the strength! —  
Aryn, [Aryn the Libraryn](#)

## Jeremiah 29:11

So many, but one of the most dear to my heart is Jeremiah 29:11. Soon after giving birth to my daughter I was rushed to the operating room because of severe hemorrhaging. As they were wheeling me away from my husband and brand new baby I started quoting it out loud and one of the nurses held my hand and said it with me. Now, 18 months later, whenever I feel like everything is just too much for me or my daughter is trying my patience, I can quote the verse and not only remember God's goodness in bringing me through such a traumatic time. No matter how many times I feel like I fail as a mother, I can rest in the hope that He has a beautiful amazing plan for both my daughter and myself. —Joanna Hennigan, [Naptime Collective](#)